

COVID-19 GUIDANCE FOR STUDENTS



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I have symptoms compatible with COVID-19

I already had Covid-19 (symptomatic or not), with a positive PCR or antigen test

Non

Oui

- I contact my treating physician (or in case of emergency the 15, or 112)
- I make an appointment to get quickly tested at a laboratory :
<https://sante.fr/recherche/trouver/DepistageCovid>

- The risk of re-contracting Covid-19 is negligible
- I contact my treating physician to get his judgment

PCR test = the technique of reference to detect Covid-19 infection

An **antigen test** is indicated if I am **symptomatic**, only during the 4 days after symptoms onset. Antigen test is very specific : there is no need to confirm it with a PCR. However, there are more false negative antigen tests than for PCR. In case of a negative test : ask your doctor.

- I do not come to the Uni from the beginning of my symptoms to the result of the test
- If I am a UCA student : I report myself using this online form : <https://covid-19.uca.fr/etudiant-et-usager/formulaire-de-signalement-covid-19/>
- If I am a non-UCA student : I inform the administration of my formation and I report myself by email at signalement.covid@uca.fr precising : name, surname, phone, school/department (TD/TP groups), accomodation (shared? CROUS?), date of symptoms onset, if I already had a positive COVID-19 test in the past (if yes, when)
- I isolate myself from others at home, I avoid any collective activity, I wear a face mask anytime I am not alone

My test if POSITIVE

My test is NEGATIVE

I have not been able to proceed to a test in the 10 days after symptoms onset (laboratory delay...)

I fill in a new form ([click here](#)) or send an email to signalement.covid@uca.fr

and I follow the "I am Covid-19" guidance

My symptoms are still present

My symptoms have disappeared

I send an email to signalement.covid@uca.fr

I contact my treating physician to know
Je contacte mon médecin traitant to know what to do

I keep informed
signalement.covid@uca.fr

I stay isolated at home until the end of my symptoms + 48 hours without symptoms

However, during the following 7 days : I strictly wear a surgical mask, respect physical distancing and other sanitary barriers.

I can return physically to the Uni

Some symptoms of Covid-19 :

Respiratory symptoms, fever, unexplained asthenia and/or muscle pain, headaches (apart from a known migraine), loss (or decrease) of smell and/or taste, headaches, muscle pain, asthenia...

Loss of smell/taste, asthenia, can persist after the disappearance of the other symptoms. If isolated, these symptoms do not contraindicate the end of isolation.

I equip myself with a thermometer and check my temperature several times per day

Precisions about testing :

Antigen tests are indicated during the 4 days following the symptoms onset. And it is meaningless to proceed to a PCR test more than 10 days after the symptoms onset. See a physician if symptoms are still present.

Your "contact cases" :

The person who have been recently in contact with you (see "contact case" definition on the corresponding guidance) are not isolated as long as you don't have a positive test result (except if they become symptomatic). In case of a positive test, you must warn them immediately so that they can isolate themselves and follow the "contact case" guidance.

IMPORTANT

• Do not proceed to any supplementary diagnosis test after the first positive one (it can stay positive beyond the contagious period, for days or weeks)

• You DO NOT have to ask for any medical certificate such as a healing certificate : the isolation is only guided by criteria and procedures developed here.