COVID-19 **GUIDANCE FOR STUDENTS**

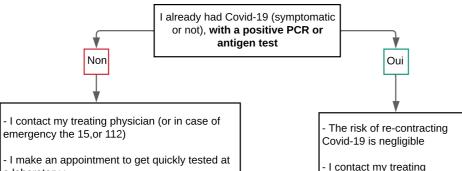


Version 24-nov-2020 Author: Bruno Chabanas, MD (coronavirus.ssu@uca.fr)

I have symptoms compatible with COVID-19



physician to get his judgment



PCR test = the technique of reference to detect Covid-19 infection

An antigen test is indicated if I am symptomatic, only during the 4 days after symptoms onset. Antigen test is very specific: there is no need to confirm it with a PCR. However, there are more false negative antigen tests than for PCR. In case of a negative test: ask your doctor.

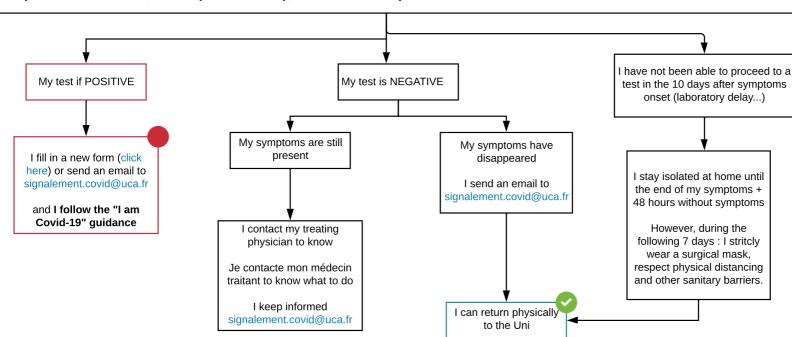
- I do not come to the Uni from the beginning of my symptoms to the result of the test

a laboratory :

If I am a UCA student: I report myself using this online form: https://covid-19.uca.fr/etudiant-et-usager/formulaire-de-signalement-covid-19/

https://sante.fr/recherche/trouver/DepistageCovid

- If I am a non-UCA student: I inform the administration of my formation and I report myself by email at signalement.covid@uca.fr precising: name, surname, phone, school/department (TD/TP groups), accomodation (shared? CROUS?), date of symptoms onset, if I already had a positive COVID-19 test in the past (if yes, when)
- I isolate myself from others at home. I avoid any collective activity. I wear a face mask anytime I am not alone



Some symptoms of Covid-19:

Respiratory symptoms, fever. unexplicated asthenia and/or muscle pain, headaches (apart from a known migraine), loss (or decrease) of smell and/or taste, headaches, muscle pain, asthenia...

Loss of smell/taste, asthenia, can persist after the disappearance of the other symptoms. If isolated, these symptoms do not contraindicate the end of isolation.

I equip myself with a thermometer and check my temperature several times per day

Precisions about testing:

Antigen tests are indicated during the 4 days following the symptoms onset. And it is meaningless to proceed to a PCR test more than 10 days after the symptoms onset. See a physician if symptoms are still present.

Your "contact cases" :

The person who have been recently in contact with you (see "contact case" definition on the corresponding guidance) are not isolated as long as you don't have a positive test result (except if they become symptomatic. In case of a positive test, you must warn them immediately so that they can isolate themselves and follow the "contact case" guidance.

IMPORTANT

- Do not proceed to any supplementary diagnosis test after the first positive one (it can stay positive beyond the contagious period, for days or weeks)
- You DO NOT have to ask for any medical certificate such as a healing certificate: the isolation is only guided by criteria and procedures developed here.

